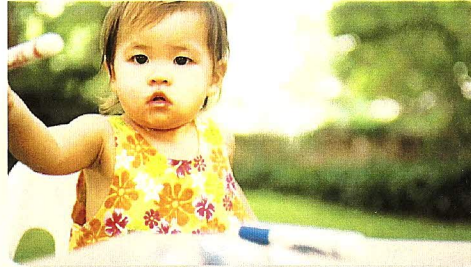


Family Centers believe:

- All parents want the best for their children
- All parents are responsible for helping their children grow and succeed
- All parents benefit from support and encouragement



"I didn't know anything about bringing up a child but with the help of my Home Visitor, we are doing fine."



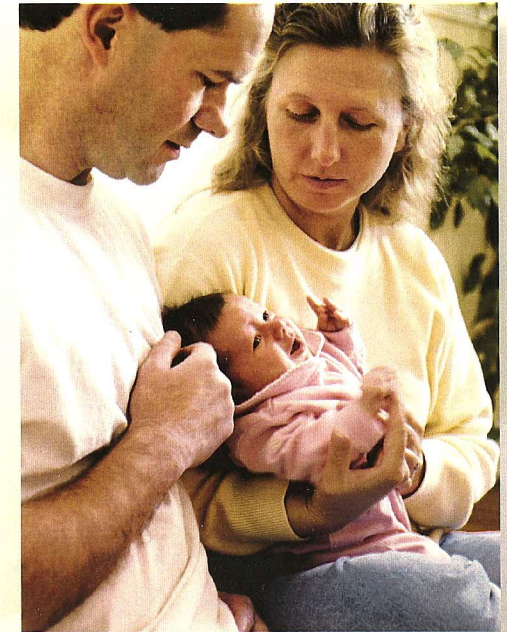
A Home Visitor offers support and resources in your home. Here is what you can expect:

- Support during your pregnancy and early years of parenting
- Ideas about how to care for and play with your baby
- Information that will let you know if your baby is growing and developing like other children the same age
- Help to create a safe and caring home for your child



This program may be for you if:

- You are expecting your first baby OR
- You are a first time Mom or Dad with a baby younger than 3 months of age



Call for more information:

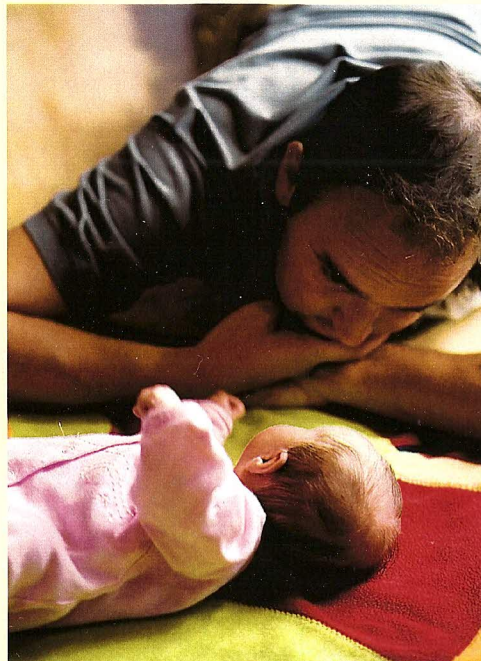
*Pine River Backus Family Center:
218-587-4292*

*Northland Area Family Service Center:
218-363-3348*

*Pillager Family Center:
218-746-4009*

Free & Voluntary Family Home Visiting

Helping families develop the knowledge, skills and confidence to meet the unique needs of their babies.



Family Centers for Healthy Families services are free thanks to the generous support from:

- The Better Way Foundation
- Pine River Backus Family Center
- Northland Area Family Service Center
- Pillager Family Center

Family Centers HEALTHY FAMILIES

Participating Family Centers:

Pine River Backus Family Center:

218-587-4292

www.prbfamilycenter.org

Northland Area Family Service Center:

218-363-3348 or

1-800-478-6126 toll free

www.northlandfamilycenter.org

Pillager Family Center:

218-746-4009

www.pillager.k12.mn.us/pfc.html

Family Centers HEALTHY FAMILIES

Hand in hand for early success



Working together to build a secure foundation for babies and their families.